

Updated (4/19/22)

Schedule for April 22 & 29, 2022

All Times are Eastern US & Canada

April 22, 10am-6pm

10-10:20am Introductions, schedule, tech information for Zoom

10:20-10:45am Brainspotting Experience Exercise and debrief

10:45-11:15 PowerPoint Lecture – Brain Basics, Geography/Location/Function

11:15-11:30am Q&A

11:30-11:45am Break

11:45-11:50am Self Spotting Exercise

11:50am-12pm Debrief exercise

11:50am-12:20pm PowerPoint Lecture – Frank Corrigan’s Recruiting the Midbrain Circuits theory – Superior Colliculus

12:20-12:30 Q&A

12:30-1pm Continue Corrigan SC, plus Client is “blank”, “nothing is happening” – It’s all brain stuff! Brain education re subcortical brain

1-1:45pm Lunch

1:45-2:15 PowerPoint Lecture Damir del Monte’s agranular and granular isocortices – regulating capacities of the Middle PreFrontal circuits (agranular isocortex) vs rational/analytical capacities of the neocortex (granular isocortex)

2:15-2:30pm Q&A

2:30-2:35pm Mini break

2:35-3:00pm More Middle PreFrontal Circuits (Agranular Isocortex)

3-3:15pm Q&A

3:15-3:50pm Breakout rooms – Practicum, sit with client with what know about brain – 15 min each

3:50--4:00pm Break

4:00-4:30pm Debrief practicum

4:30-4:50 PPT Thalamus

4:50-5pm Q&A

5pm End of Day 1

Homework: - Color the SC, IC and midbrain 3 different colors

Color the 3 areas of the agranular isocortex - vmPFC, OFC, ACC; and granular isocortex (neocortex – rational/analytical/executive functions/conscious

April 29, 2021, 10am-2pm Eastern

10-10:20am Check-in, Q&A

10:20-10:50 Review main points from 4/22 - PowerPoint Lecture

10:50-11:10am - Debrief homework of coloring and labeling

11:10-11:25am Q&A, Discussion

11:25-11:35am Break

11:35am – 12:00pm PPT Amygdala & Hippocampus

12:00pm – 12:20pm Q&A

12:20 – 12:40pm Small groups of 4 – discuss Amygdala & Hippo

12:40-1:00pm Q&A

1-1:45pm Lunch

1:45-2:30 pm Insula and Affective Neuroscience

2:30-2:50pm Q&A

2:50 – 3:00pm Break

3:00-3:30pm PPT Basal Ganglia

3:30-3:45pm Q&A

3:45- 4:15pm Breakout rooms – Practicum – Gazespot – 15 min each

4:15-4:25pm Break

4:25-5pm Debrief Practicum & Final Q&A

5pm – End of Day 2