

Schedule for February 17 & 24, 2023

All Times are Eastern US & Canada

Feb 17 - 10am-5pm

10-10:20am Introductions, schedule, tech information for Zoom

10:20-10:45am After first 3 PPT slides - Brainspotting Experience Exercise and debrief

10:45-11:15 PowerPoint Lecture – Brain Basics, Geography/Location/Function, up to slide 35

11:15-11:30am Q&A

11:30-11:45am Break

11:45am – 12:15pm Frank Corrigan's Recruiting the Midbrain Circuits theory – Superior Colliculus (sl 36-50)

12:15 – 12:30pm Q&A

12:30 – 1pm Self Spotting Exercise and Debrief

1-1:45pm Lunch

1:45-2:15 PowerPoint Lecture Damir del Monte's agranular and granular isocortices – regulating capacities of the Middle PreFrontal circuits vs rational/analytical capacities of the neocortex (sl 52 – 67)

2:15-2:30 Q&A

2:30-2:50pm Middle PreFrontal Circuits (Agranular Isocortex) (sl 63-73)

2:50-3pm Q&A on this section

3:00-3:15pm Break

3:15-4pm Breakout rooms – 40 min Practicum, sit with client with what you're learning about brain (see slide 150 for description of practicum exercise) 20 min each partner – client/therapist

4:00-4:20pm Debrief practicum

4:20-4:50 PPT More Middle Pre-Front Circuits (76-88) and possibly Thalamus (sl 89-97, depending on our time)

4:50-5pm Q&A

5pm End of Day 1

Homework: - Color the SC (Superior Colliculus), IC (Inferior Colliculus) and the rest of the midbrain 3 different colors

Color the 3 areas of the agranular isocortex - vmPFC, OFC, ACC (regulating circuits); and granular isocortex (neocortex – rational/analytical/executive functions/consciousness)

Feb 24 - 10am-5pm Eastern

10-10:20am Check-in, Q&A

10:20-10:50 Review main points from 11/18 (slides re Superior Colliculus (SC)

36 37, 43, 44, 50; slides 52, 53, 58, 79-81, 85 Regulating Circuits – agranular isocortex/Middle PreFrontal Circuits)

10:50-11:10am – Q&A, Debrief homework of coloring and labeling

11:10-11:30am – Thalamus + Q&A (**sl 89-97**)

11:30-11:40am Break

11:40 – 12pm Amygdala (**slides 98-114**)

12-12:15pm Q&A

12:15- 12:30pm Hypothalamus + Q&A (**sl 115-118**)

12:30-12:45 PAG + Q&A (**sl 119-121**)

12:45-1 Hippocampus + Q&A (slides **122-133**) (this may go over into after lunch)

1-1:45pm Lunch

1:45-2pm Insula + Q&A (slides **134-136**)

2-2:30 Affective Neuroscience (slides **137-148**), Damir slide 149

2:30-2:45pm Q&A

2:45-3:30pm Practicum – Gazespot, 20 min each Breakout **rooms (sl 150)**

3:30-3:45 Debrief practicum

3:45-3:55 Break

3:55-4:15pm Basal Ganglia (**slides 151-58**)

4:15-4:30 Q&A

4:30-5pm – Closure – further Q&A, review any slides, opportunity for another self-spot

5pm – End of Day 2